

## Supportive Services:

### Boys & Girls Club:

Mahnomen: 218-936-6010

Naytahwaush: 218-935-5554 ext 3282

Ogema: 218-983-3174

Waubun: 218-473-4994

### Communities Caring for Children:

Mahnomen: 218-935-2527

### First Thunderbeing Youth Services:

Mahnomen: 218-983-3286 ext 6402

### Lutheran Social Services:

Mahnomen: 218-935-5800

### Mahnomen County Human Services:

Mahnomen: 218-935-2568

### Norman-Mahnomen Public Health:

Mahnomen: (218) 784-5425

### Parent Support Outreach Program:

Mahnomen: 218-935-2568

## How can I give back in my community?

- ✓ Learning about community volunteering with the AmeriCorps Seniors Programs
- ✓ Become a 4-H volunteer
- ✓ Take a community leadership training
- ✓ Join a community club
- ✓ Volunteer with a local Fire Department
- ✓ Join the Historical Society



## How can MAHUBE-OTWA help in Mahnomen County?

- ✓ Helping pay for cost of childcare
- ✓ Finding someplace to live
- ✓ Helping pay for electric & heating bills
- ✓ Insulating a home
- ✓ Fixing a furnace or water heater
- ✓ Filling out income tax forms
- ✓ Finding shelter & ending homelessness
- ✓ Getting children ready for kindergarten
- ✓ Assisting with child custody & support
- ✓ Applying for health insurance
- ✓ Providing rental deposit assistance
- ✓ Starting a daycare business
- ✓ Finding a ride to appointments
- ✓ Locating warm winter clothing
- ✓ Supporting food stability

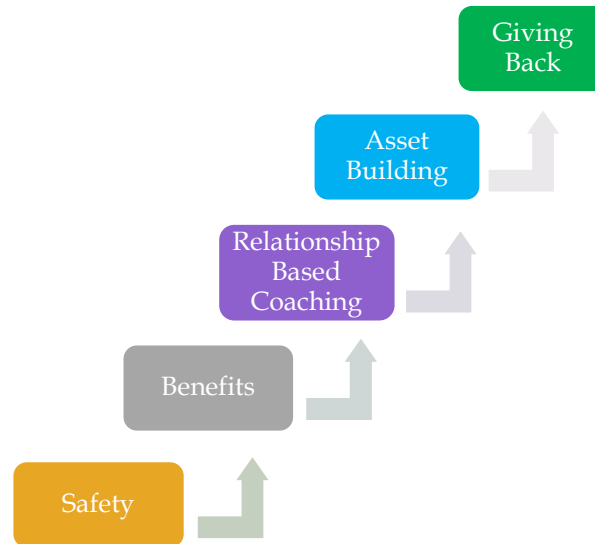


MAHUBE-OTWA  
Community Action  
Partnership, Inc

Whole Family Approach  
Resource Guide:  
Mahnomen County

218-935-5022

[www.mahube.org](http://www.mahube.org)



## **Crisis Centers/Support:**

Crime Victim Support:

Mahnomen: 218-935-9319

Lake Land Mental Health:

1-877-380-3261

Mobile Crisis Team:

1-(800) 223-4512

Northwest Medical Center:

1-(800) 422-0045

White Earth DOVE Program:

218-983-4656



## **National Suicide Hotline:**

**800-273-8255**

## **National Crisis Text Line:**

**Text "Home" to 741741**

## **Emergency Services:**

**911**

## **Mental Health Services:**

Northwestern Mental Health Center:

Mahnomen: 218-935-2207

NW8 Mental Health Initiative:

Mahnomen: 218-935-2568

White Earth Mental Health:

Mahnomen: 218-983-9859

## **Chemical Dependency & Substance Abuse Support:**

Alcoholics Anonymous:

Mahnomen: 218-935-2568

White Earth Chemical Substance

Abuse:

218-983-3285



## **Food Support:**

MNFoodhelper.org to apply or request a SNAP representative reach out to you.

Feed Our Families:

White Earth Reservation: 218-936-6010

Food Shelf:

Mahnomen County: 218-935-2822

\*Open Tuesday & Wednesdays form 9am -4pm

## **Legal Aid:**

Anishinabe Legal Services:

White Earth: 218-335-2224 ext 114

Guardianship Information Hotline:

1-844-333-1748

Home Line:

1-866-866-3546

Legal Services of Northwest MN:

Mahnomen Counties: 800-450-9201



## **Employment:**

Maadaaizi Work Force Center: 218-936-2444

Mahnomen Employment & Training: 218-935-2568

## **Education:**

Adult Education/GED Program:

Mahnomen Alternative Learning Center:

218-935-2346

White Earth Adult Basic Education:

218-935-0417 ext 335

## **Senior Services:**

Elderly Advocate Program:

Naytahwaush: 218-935-5554 ext 5138

Meals on Wheels & Senior Center Dining:

Mahnomen: 218-935-2822

Nutrition Assistance Program for Seniors

North County Food Bank: 218-399-7356

White Earth Nutrition:

218-983-3286 ext. 1266

Senior Linkage Line:1-800-333-2433

## **Veteran Services:**

Veteran Service Offices:

Mahnomen County: 218-935-5062

White Earth: 218-936-5650



Veterans Linkage Line:1-888-546-5838

## **Disability Services:**

Disability Hub: 1-866-333-2466

Mahnomen Developmental Achievement Center:

218-935-2442